



ANWARUL ULOOM COLLEGE OF BUSINESS MANAGEMENT

(A MUSLIM MINORITY INSTITUTION)

Affiliated to Osmania University | Approved by AICTE | Permitted by Govt. of Telangana

#11-3-918, New Malleshpally, Hyderabad - 500001, T.S., India.

7: INSTUTIONAL VALUES AND BEST PRACTICES

7.1 Institutional Values & Social Responsibilities	7.1.1 Initiative of Gender Audit & Measures for the Promotion of Gender Equity During the Last 5 years
7.1.1 Documents Related to Gender Equity Promoting Programs	



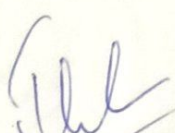
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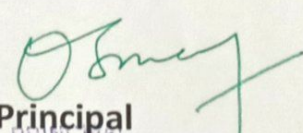
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7.1.1 Gender Equity Programs					
List of Women Empowerment Programs					
S.No	A.Year	Title	P.Date	Resource Person of the Event	No. of Participants
1	2022-23	Importance of Health and Hygiene among Women	25/04/2023	Dr. Swetha Suram	90
2	2022-23	Women Achievers across the Globe- Equity vs Equality	8/3/2023	B.Vanitha Dept. of Education	99
3	2022-23	Women Achieving Excellence Despite Odds - A Road Map to Success	1/12/2022	Dr.Sameera	71
4	2022-23	Importance of Self-Esteem among Women	27/10/22	Dr. Saba Inamdar	100
5	2022-23	Health Talk- With special focus on Mental Health of Women	29/08/2022	Dr.Zainab MBBS, MD	101
6	2022-23	Awareness on Health and Nutrition of Women	13/06/2022	Mrs. Ishrath Begum	118


IQAC Co-ordinator


Principal

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New Malleshpally, Hyderabad.





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#11-3-918, New Malleshpally, Hyderabad-500001, T.S., India.

Date: 17/04/2023

Circular

All Heads of Departments, Women Staff and Girl Students are hereby informed that a programme will be conducted on the subject **"Importance of Health and Hygiene among Women."** Dr. Swetha Suram has kindly consented to deliver a lecture on this subject.

The programme is organized by the Women Cell, ANWARUL ULOOM COLLEGE OF BUSINESS MANAGEMENT. All are requested to participate in the programme and avail of its benefits and make it a grand success. The students shall register their names, in the college office, latest by 22/4/2023.

Programme Details:

Date: 25/04/2023

Timing: from 10 a.m. to 11.30 a.m

Venue: College Smart Classroom

Speaker: Dr. Swetha Suram

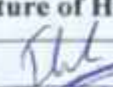
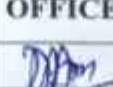

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Copy to:

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2. Girl Students

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LIST OF PARTICIPANTS

Name of the Programme: *Importance of Health and Hygiene among Women*

Date: *25/04/2023*

S.NO	ROLL NO.	NAME OF THE CANDIDATE	SIGNATURE
1	140322672001	ZAHRAH MUKARRAM	<i>Zahrah</i>
2	140322672002	NEHA BEGUM	<i>Neha</i>
3	140322672007	SHAZMEEN BEGUM	<i>Shazmeen</i>
4	140322672011	SADIYA BEGUM	<i>Sadiya</i>
5	140322672014	ZEBAN ANJUM	<i>Zeban</i>
6	140322672020	TABASSUM SULTANA	<i>Tabassum</i>
7	140322672027	SHAJAHAN BEGUM	<i>Shajahan</i>
8	140322672029	AFRA SALAM	<i>Afra</i>
9	140322672032	NAMEERA DAULATH	<i>Nameera</i>
10	140322672037	RUQSAR BEGUM	<i>Ruqsar Begum</i>
11	140322672046	ZAINAB FATIMA	<i>Zainab</i>
12	140322672047	AYESHA SULTANA	<i>Ayeesha</i>
13	140322672050	NARGIS KHATOON	<i>Nargis</i>
14	140322672052	AMENA SIDRA	<i>Amena Sidra</i>
15	140322672054	ALFIYA SULTANA	<i>Alfiya</i>
16	140322672056	SHAHEEN	<i>Shaheen</i>
17	140322672071	SHEREEN MOHAMMAD	<i>Shereen</i>
18	140322672079	RESHMA BEGUM	<i>Reshma</i>
19	140322672080	ABDUL BASITH	<i>Basith</i>
20	140322672084	RUKHSAR	<i>Rukhsar</i>
21	140322672098	ASRANOR BEGUM	<i>Asranor</i>
22	140322672099	SANOBAR BEGUM	<i>Sanobar Begum</i>
23	140322672101	SYED AJAZ	<i>Syed</i>
24	140322672106	SANA SAMREEN	<i>Sana</i>
25	140322672107	SHEEZA AMREEN	<i>Sheeza</i>
26	140322672120	AYESHA KHATOON	<i>Ayeesha</i>
27	140322672128	FAREEDA BEGUM	<i>Fareeda</i>
28	140322672130	ISHRATH JAHAN AKHTRI	<i>Ishrath</i>
29	140322672143	AYESHA MARIYAM	<i>Ayeesha</i>
30	140322672152	SUMAIYA SULTANA	<i>Sumaiya</i>
31	140322672158	ZINAT PARWEEN	<i>Zinat</i>
32	140322672163	MADIHA KAUKAB	<i>Madiha</i>

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33	140322672164	SANIYA BEGUM	Saniya
34	140322672165	MAYERA FATHIMA	Mayra
35	140322672178	AAKEFA TARANNUM	Akefa
36	140322672185	SHELA AFROZ MUSKAN	Shela
37	140322672187	NOUSHEEN	Nousheen
38	140322672195	SYED MUSTAFA	Syed
39	140322672196	NOUSHEEN FATIMA	Nousheen
40	140322672202	NIKHAT AMREEN	Nikhat Amreen
41	140322672210	AYESHA SIDDIQUA	Aysha
42	140322672223	ARSHIYA FATIMA	Arshiy
43	140322672231	ASFAN AZEEZ	Asfan
44	140322672242	HABEEBA ANJUM	Habeeba
45	140322672260	SAREEN NEHAL	Sareen
46	140322672273	SAMIYA MAQBOOL SIDDIQUI	Samija
47	140322672276	MIRZA MOHSIN BAIG	Mirza
48	140321672015	RAAFIA FARAAZ	Raafia
49	140321672042	SK SAMANEEN SALMA	SK Saman
50	140321672049	SALMAN ALI KHAN	Salman
51	140321672056	SARA FATIMA	Sara
52	140321672060	AFRA BEGUM	Afra
53	140321672062	SHAHEDA BEGUM	Shaheda
54	140321672067	SANIYA MUSKAAN	Saniya
55	140321672070	GULAM IBRAHIM RABBANI	Gulam
56	140321672071	SAHER UNNISA	Saher
57	140321672072	HUSSAINA	Hussaina
58	140321672073	SHAIK AFREEN BEGUM	Shait
59	140321672074	SAMREEN BEGUM	Samreen
60	140321672078	ZARA JABEEN	Zahar
61	140321672079	TAIBA	Taiba
62	140321672084	ARSHIYA FATIMA	Arshiy
63	140321672086	SYEDA SANIA JABEEN	Syeda
64	140321672087	SYEDA ZEBA	Syeda
65	140321672088	SYEDA SAFOORA FATIMA	Syeda
66	140321672089	RESHMA	Reshma
67	140321672092	FARISA BEGUM	Farisa
68	140321672094	SANIYA FATIMA	Saniya
69	140321672095	AZWA KULSUM	Azwa
70	140321672096	SHAZIA IMROZ	Shazia
71	140321672101	MEHJABEEN FATIMA	Mehjabeen



[Signature]

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19293

72	140321672103	NEHA	Neha
73	140321672105	SYEDA BUSHRA ALI	Syeda Bushra Ali
74	140321672106	FAIZAAN SALAHUDDIN	Faizaan Salahuddin
75	140321672107	FARHEEN FATIMA	Farheen Fatima
76	140321672109	NAHSEEN BEGUM	Nahseen Begum
77	140321672112	MUSKAN	Muskan
78	140321672113	QUDSIYA UNNISA	Qudsiya Unnisa
79	140321672114	SABA FATIMA	Saba Fatima
80	140321672115	SUMAIYYA KHANAM	Sumaiyya Khanam
81	140321672194	NASTAYEEN FATIMA	Nastayeen Fatima
82	140321672197	RUQUAIYYA ABDULLAH	Ruquaiyya Abdullah
83	140321672218	UZMA BEGUM	Uzma Begum
84	140321672235	SABA UNISSA	Saba Unissa
85	140321672241	MADIHA KHANAM	Madiha Khanam
86	140321672253	TANVEER UNNISA	Tanveer Unnisa
87	140321672294	AYESHA NILOFAR	Ayesha Nilofar
88	150121672005	J MADHAVI	J Madhavi
89	150121672023	BUSHRA SADIYA	Bushra Sadiya
90	150121672055	MEENAKSHI PATIL	Meenakshi Patil



Anwar
Principal

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#11-3-918, New Mallepally, Hyderabad-500001, T.S., India.

Programme Report

Name of the Programme: Importance of Health and Hygiene among Women

Date: 25/04/2023 **Time:** 10 a.m. to 11.30 a.m

Venue: College Smart Classroom, ANWARUL ULOOM COLLEGE OF BUSINESS MANAGEMENT

No of Participants: 90

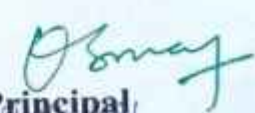
An Awareness Programme on "Importance of Health and Hygiene among Women," was conducted at the College Seminar Hall, ANWARUL ULOOM COLLEGE OF BUSINESS MANAGEMENT on 25 April 2023 by Dr. Swetha Suram. She emphasized the fact that hygiene is of utmost importance to keep several diseases at bay. The talk was widely appreciated by all. She enlightened the audience that good hygiene practices can lead to better health, confidence and overall growth.



Dr. Swetha Suram delivering the lecture to the gathering

These practices will pave a long way for preventing the spread of infectious diseases and can help children and adults lead a long and healthier life. Her presentation had larger points that can help women improve their hygiene. Ms. Bushra Husna, proposed the vote of thanks and concluded the Programme.


IQAC Coordinator


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Date: 3/3/2023

Circular

All Heads of Departments, Women Staff and Girl Students are hereby informed that a programme will be conducted on the subject **"Women Achievers across the Globe- Equity vs. Equality."** Mrs. B. Vanitha, Dept. of Education, has kindly consented to deliver a lecture on this subject.

The programme is organized by Women Cell, ANWARUL ULOOM COLLEGE OF BUSINESS MANAGEMENT. All are requested to participate and register their names in the college office latest by 6/3/2023

Programme Details:

Date: 8/3/2023

Timings: 10- 11.30

Speaker: Mrs. B. Vanitha

Venue: College Smart Classroom


IQAC Coordinator

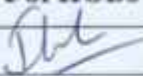
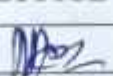

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LIST OF PARTICIPANTS

Name of the Programme: *Women Achievers across The Globe - Equity Vs Equality*
Date: *8/3/2023*

S.NO	ROLL NO.	NAME OF THE CANDIDATE	SIGNATURE
1	140322672002	NEHA BEGUM	<i>Neha</i>
2	140322672007	SHAZMEEN BEGUM	<i>Shazmeen</i>
3	140322672011	SADIYA BEGUM	<i>Sadiya</i>
4	140322672016	SYEDA ARIFA FATIMA	<i>Arifa</i>
5	140322672021	NAUSHABA KASHAF	<i>Naushaba</i>
6	140322672028	SOHA TANZEEM	<i>Soha</i>
7	140322672032	NAMEERA DAULATH	<i>Nameera</i>
8	140322672044	SAMEEN SULTANA	<i>Sameen</i>
9	140322672045	MD SAYEEDUDDIN	<i>Sayeed</i>
10	140322672050	NARGIS KHATOON	<i>Nargis</i>
11	140322672064	SANIYA FATHIMA	<i>Saniya</i>
12	140322672071	SHEREEN MOHAMMAD	<i>Shereen</i>
13	140322672080	ABDUL BASITH	<i>Basith</i>
14	140322672084	RUKHSAR,	<i>Rukhsar</i>
15	140322672088	SAMIHA AHMED	<i>Samiha</i>
16	140322672091	NAUSHEEN FATIMA	<i>Nausheen</i>
17	140322672095	BILQUIS UNNISA	<i>Bilquis</i>
18	140322672107	SHEEZA AMREEN	<i>Sheeza</i>
19	140322672116	SARA BEGUM	<i>Sara</i>
20	140322672130	ISHRATH JAHAN AKHTRI	<i>Ishrath</i>
21	140322672156	BUSHRA FATIMA	<i>Bushra</i>
22	140322672164	SANIYA BEGUM	<i>Saniya</i>
23	140322672171	SABA FARHEEN	<i>Saba</i>
24	140322672178	AAKEFA TARANNUM	<i>Aakefa</i>
25	140322672183	SHIREEN SULTANA	<i>Shireen</i>
26	140322672204	SOBIHA SIMIREEN	<i>Sobhiha</i>
27	140322672212	AFSHANUNNISA	<i>Afshan</i>
28	140322672223	ARSHIYA FATIMA	<i>Arshiya</i>
29	140322672229	SAMA KAUNAIN	<i>Sama</i>
30	140322672231	ASFAN AZEEZ	<i>Asfan</i>
31	140322672236	SYEDA AMEENA AMREEN	<i>Ameena</i>
32	140322672241	SANA	<i>Sana</i>

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19/1/23



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33	140322672249	MUSKAN BEGUM	Muskan
34	140322672260	SAREEN NEHAL	Sareen
35	140322672262	FAZEELA NOORAIN	Fazeela
36	140322672268	SYEDA HABEEBA AZAM	Habeeba
37	140322672273	SAMIYA MAQBOOL SIDDIQUI	Samia
38	140322672276	MIRZA MOHSIN BAIG	Mirza
39	140322672299	ARCHANA B	Archana
40	140321672005	SYEDA NAZNEEN FATIMA	Nazneen
41	140321672016	SYEDA SAFOORA	Safura
42	140321672022	SHAMSHAD BEGUM	Shamshad
43	140321672026	AVULA MOUNIKA	Avula
44	140321672031	AYESHA FATIMA	Ayesha
45	140321672042	SK SAMANEEN SALMA	Samaneen
46	140321672048	SYEDA SARA FATIMA	Sara
47	140321672051	AFRAH ARIF	Afra
48	140321672053	MEHRAJ UNNISA BEGUM	Mehraj
49	140321672057	NIKHATH BEGUM	Nikhath
50	140321672062	SHAHEDA BEGUM	Shaheda
51	140321672070	GULAM IBRAHIM RABBANI	Gulam
52	140321672071	SAHER UNNISA	Saher
53	140321672078	ZARA JABEEN	Zara
54	140321672084	ARSHIYA FATIMA	Arshiya
55	140321672096	SHAZIA IMROZ	Shazia
56	140321672101	MEHJABEEN FATIMA	Mehjabeen
57	140321672106	FAIZAAN SALAHUDDIN	Faizaan
58	140321672107	FARHEEN FATIMA	Farheen
59	140321672113	QUDSIYA UNNISA	Qudsiya
60	140321672120	SADIA TAMREEN	Sadia
61	140321672128	KULSUM UNNISA BEGUM	Kulsum
62	140321672141	SALMA	Salma
63	140321672168	NUSRATH JAHAN	Nusrath
64	140321672180	AMREEN FATIMA	Amreen
65	140321672191	AFREEN FATIMA	Afreen
66	140321672194	NASTAYEEN FATIMA	Nastayeen
67	140321672195	ZEBE BEGUM	Zeba
68	140321672197	RUQUAIYYA ABDULLAH	Ruquaiyya
69	140321672199	SYEDA ARSHIYA HEENA	Arshiya
70	140321672213	MONEZA JABEEN	Moneza
71	140321672215	SANIYA SULTHANA	Sanjya

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72	140321672218	UZMA BEGUM	Uzma
73	140321672219	NUZHAT IKHTIYAR KHAN	Nuzhat
74	140321672228	NEHA KHAN	Neha
75	140321672231	SUMAIYA FATIMA	Sumaiya
76	140321672235	SABA UNISSA	Saba
77	140321672236	NADA ISHAQ	Nada
78	140321672241	MADIHA KHANAM	Madiha
79	140321672242	SONA SANJAY KUMAR	Sonaj
80	140321672248	SADAF KHATOON	Sadaf
81	140321672252	MARIA ZIA UL QAMAR	Maria
82	140321672253	TANVEER UNNISA	Tanveer
83	140321672255	HASEENA BEGUM	Haseena
84	140321672256	ERAM AZIZ QURESHI	Eram
85	140321672263	SALEHA FATIMA	Saleha
86	140321672266	SYEDA AFREEN FATIMA	Afreen
87	140321672271	ARUSA NAGEEN	Arusa
88	140321672294	AYESHA NILOFAR	Nilofar
89	150121672002	AFSHIYA JABEEN	Afshya
90	150121672003	SYEDA SARA FATIMA NAQVI	Sara
91	150121672027	NEHA FATIMA	Neha
92	150121672028	HUMERA HAMED SANA	Humera
93	150121672036	SHIFA NAYAN	Shifa
94	150121672043	ARSHIYA BEGUM	Arshiya
95	150121672044	NABILA FATIMA	Nabila
96	150121672045	JUVERIA RAHMAN	Juveria
97	150121672050	FAREEHA HUSSAIN	Fareeha
98	150121672054	LABEEQ UNNISA	Labeeq
99	150121672057	SYEDA MALIHA SABERI	Maliha



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Programme Report

Name of the Programme: Women Achievers across the Globe- Equity vs. Equality

Date: 8/3/2023 **Time:** 10 a.m. to 11.30a.m

Venue: College Smart Classroom, ANWARUL ULOOM COLLEGE OF BUSINESS MANAGEMENT

No of Participants: 99

A talk on "Women Achievers across the Globe – Equity vs. Equality" was delivered by Dr. Vanitha, of the Department of Education at the College Seminar Hall, ANWARUL ULOOM COLLEGE OF BUSINESS MANAGEMENT. A large gathering of students and staff benefitted from it. She presented an overwhelming narrative about how women have travelled a long way from being silent to resilient. She clearly emphasized the fact that the present day women has continued to redefine success across various fields. She has given several examples of women who led their life contributing to the upliftment of women in our society. These women have brought laurels to our country through sheer determination, unparalleled dedication and brilliance.



Dr. Vanitha delivering the lecture to the gathering.

She highlighted their beautiful journey from being a homemaker to entrepreneurs and visionary leaders. Later, Dr. Vanitha has graciously conducted a quiz competition about identifying women and their achievements. Out of 30 participants the following students are declared winners, in the order of merit.

1. Ms. Sadiya Begum
2. Ms. Fazila Noorain
3. Ms. Summaiya Fatima

The Programme ended with prize distribution and the college extended felicitation to Dr. Vanitha.


IQAC Coordinator




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Date: 25/11/2022

Circular

All Heads of Departments, Women Staff and Girl Students are hereby informed that a programme will be conducted on the subject **"Women Achieving Excellence Despite Odds - A Road Map to Success."** Dr. Sameera has kindly consented to deliver a lecture on this subject.

The programme is organized by Women Cell, ANWARUL ULOOM COLLEGE OF BUSINESS MANAGEMENT. All are requested to participate in the programme and make it a grand success. The students shall register their names in the college office latest by 28/11/2022

Programme Details:

Date: 1/12/2022

Timings: 10- 11.30

Speaker: Dr. Sameera

Venue: College Seminar Hall

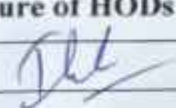
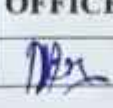
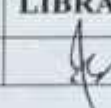

IQAC Coordinator


Principal

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LIST OF PARTICIPANTS

Name of the Programme: *Women Achieving Excellence Despite Odds - A Road Map to Success.*

Date: *1/12/2022*

S.NO	ROLL NO.	NAME OF THE CANDIDATE	SIGNATURE
1	140322672001	ZAHRAH MUKARRAM	<i>Zahra</i>
2	140322672010	NIDA SHIREEN	<i>Nida</i>
3	140322672019	ZEBA SIRAJ	<i>Zeba</i>
4	140322672027	SHAJAHAN BEGUM	<i>Shajahan</i>
5	140322672033	ZOHRA JABEEN SULTANA	<i>Sultana</i>
6	140322672043	ANAM BEGUM	<i>Anam</i>
7	140322672044	SAMEEN SULTANA	<i>Sameen</i>
8	140322672050	NARGIS KHATOON	<i>Khatoon</i>
9	140322672053	RAFATH UNNISA BEGUM	<i>Rafath</i>
10	140322672056	SHAHEEN	<i>Shaheer</i>
11	140322672064	SANIYA FATHIMA	<i>Saniya</i>
12	140322672079	RESHMA BEGUM	<i>Reshma</i>
13	140322672080	ABDUL BASITH	<i>Abdul</i>
14	140322672081	RASHA ANAM	<i>Rasha</i>
15	140322672084	RUKHSAR	<i>Rukhsar</i>
16	140322672088	SAMIHA AHMED	<i>Samirha</i>
17	140322672090	SIMRAN FATIMA	<i>Simran</i>
18	140322672091	NAUSHEEN FATIMA	<i>Nausheen</i>
19	140322672096	SAFIA SULTANA	<i>Safia</i>
20	140322672102	NASEEM E REHMATH	<i>Naseem</i>
21	140322672103	AFSHAN JABEEN	<i>Afshan</i>
22	140322672105	BUSHRA MAHEK	<i>Bushra</i>
23	140322672106	SANA SAMREEN	<i>Sana</i>
24	140322672107	SHEEZA AMREEN	<i>Sheeza</i>
25	140322672116	SARA BEGUM	<i>Sara</i>
26	140322672117	SABA PARVEEN	<i>Saba</i>
27	140322672118	ZEHRA BEGUM	<i>Zehra</i>
28	140322672120	AYESHA KHATOON	<i>Ayesha</i>
29	140322672128	FAREEDA BEGUM	<i>Fareeda</i>
30	140322672130	ISHRATH JAHAN AKHTRI	<i>Ishrath</i>
31	140322672133	MAHVISH TABASSUM	<i>Mahvish</i>
32	140322672138	NAFEES KHANAM	<i>Nafees</i>

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33	140322672152	SUMAIYA SULTANA	Sumaiya
34	140322672156	BUSHRA FATIMA	Bushra
35	140322672158	ZINAT PARWEEN	Zinat
36	140322672163	MADIHA KAUKAB	Madiha
37	140322672164	SANIYA BEGUM	Saniya
38	140322672170	AZRA FATIMA	Azra
39	140322672171	SABA FARHEEN	Saba
40	140322672172	SARA BEGUM	Sara
41	140322672178	AAKEFA TARANNUM	Aakefa
42	140322672185	SHELA AFROZ MUSKAN	Sheela
43	140322672187	NOUSHEEN	Nousheen
44	140322672192	SAMEERA TAHSEEN	Sameera
45	140322672196	NOUSHEEN FATIMA	Nousheen
46	140322672204	SOBIHA SIMIREEN	Sobha
47	140322672208	RUHEENA KHAN	Ruheena
48	140322672210	AYESHA SIDDIQUA	Ayesha
49	140322672212	AFSHANUNNISA	Afsheen
50	140322672214	KHALIDA RUHEEN	Khalida
51	140322672217	SUMAIYYA AHMED	Sumaiya
52	140322672219	FAROZAN NOOREEN	Noor
53	140322672223	ARSHIYA FATIMA	Arshiya
54	140322672228	ASNA FATHIMA	Asna
55	140322672231	ASFAN AZEEZ	Asfan
56	140322672233	NEHA NOUSHEEN	Neha
57	140322672236	SYEDA AMEENA AMREEN	Amreena
58	140322672238	MARIYA MOIN	Mariya
59	140322672241	SANA	Sana
60	140322672246	NASEHA JAHAN	Naseha
61	140322672249	MUSKAN BEGUM	Muskan
62	140322672262	FAZEELA NOORAIN	Fazeela
63	140322672268	SYEDA HABEEBA AZAM	Habeeba
64	140322672277	SANOBAR NAAZ	Naz
65	140322672278	SYEDA ZEHRA FATIMA	Zehra
66	140322672295	RUKHSAAR NAUSHEEN	Rukhsaar
67	140322672300	RAHEELA HABEEB	Raheela
68	140321672005	SYEDA NAZNEEN FATIMA	Nazneen
69	140321672015	RAAFIA FARAAZ	Rafia
70	140321672016	SYEDA SAFOORA	Safoora
71	140321672022	SHAMSHAD BEGUM	Shamshad



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33	140322672152	SUMAIYA SULTANA	Sumaiya
34	140322672156	BUSHRA FATIMA	Bushra
35	140322672158	ZINAT PARWEEN	Zinat
36	140322672163	MADIHA KAUKAB	Madiha
37	140322672164	SANIYA BEGUM	Saniya
38	140322672170	AZRA FATIMA	Azra
39	140322672171	SABA FARHEEN	Saba
40	140322672172	SARA BEGUM	Sara Begum
41	140322672178	AAKEFA TARANNUM	Aakefa
42	140322672185	SHELA AFROZ MUSKAN	Shela
43	140322672187	NOUSHEEN	Nousheen
44	140322672192	SAMEERA TAHSEEN	Tahseen
45	140322672196	NOUSHEEN FATIMA	Nousheen
46	140322672204	SOBIHA SIMIREEN	Sobha
47	140322672208	RUHEENA KHAN	Ruheena
48	140322672210	AYESHA SIDDIQUA	Ayesha
49	140322672212	AFSHANUNNISA	Afshan
50	140322672214	KHALIDA RUHEEN	Khalida
51	140322672217	SUMAIYYA AHMED	Sumaiyya
52	140322672219	FAROZAN NOOREEN	Farozan
53	140322672223	ARSHIYA FATIMA	Arshiya
54	140322672228	ASNA FATHIMA	Asna
55	140322672231	ASFAN AZEEZ	Asfan
56	140322672233	NEHA NOUSHEEN	Neha
57	140322672236	SYEDA AMEENA AMREEN	Syeda Ameena
58	140322672238	MARIYA MOIN	Mariya
59	140322672241	SANA	Sana
60	140322672246	NASEHA JAHAN	Naseha
61	140322672249	MUSKAN BEGUM	Muskan
62	140322672262	FAZEELA NOORAIN	Fazeela
63	140322672268	SYEDA HABEEBA AZAM	Syeda Habeeba
64	140322672277	SANOBAR NAAZ	Sanobar
65	140322672278	SYEDA ZEHRA FATIMA	Syeda Zehra
66	140322672295	RUHSAAR NAUSHEEN	Ruh Saar
67	140322672300	RAHEELA HABEEB	Raheel
68	140321672005	SYEDA NAZNEEN FATIMA	Syeda Nazneen
69	140321672015	RAAFIA FARAAZ	Rafia
70	140321672016	SYEDA SAFOORA	Safura
71	140321672022	SHAMSHAD BEGUM	Shamshad



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#11-3-918, New Malleshpally, Hyderabad-500001, T.S., India.

Programme Report

Name of the Programme: Women Achieving Excellence Despite Odds - A Road Map to Success

Date: 1/12/2022 **Time:** 10 a.m. to 11.30a.m

Venue: College Seminar Hall, ANWARUL ULOOM COLLEGE OF BUSINESS MANAGEMENT

No of Participants: 71

A special talk on "Women Achieving Excellence despite Odds- a Roadmap to Success" was delivered by Dr. Sameera on 1, Dec. 2022. The programme was well attended at the College Seminar Hall, Second Floor, ANWARUL ULOOM COLLEGE OF BUSINESS MANAGEMENT she enlightened the packed audience with several adversities that women faced in the past and yet, achieved tremendous success. She motivated and encouraged the Girl Students and the Ladies to come out of their comfort zones and prepare themselves for the way ahead. She narrated the performance and extra-ordinary achievements of several women in the fields of economics, social activity, politics, teaching, industry, entertainment, space, etc. they are a role model to us primarily for their perseverance, patience and unparalleled determination.



Students listening to the lecture attentively

She provided the information of couple of online platforms to students in order to improve their skills and knowledge, right from the comfort of their homes. She motivated girl students to take advantage of schemes provided by the Govt. of India for establishing small scale industries. She has thrown light on the procedure to be followed to benefit from the schemes. Dr. Sameera was extended a very warm felicitation. The programme ended with a vote of thanks proposed by Ms. Ruhi Naaz.


IQAC Coordinator


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#11-3-918, New Malleshpally, Hyderabad-500001, T.S., India.

Date: 21/10/2022

Circular

All Heads of Departments, Women Staff and Girl Students are hereby informed that a programme will be conducted on the subject "**Importance of Self-Esteem among Women.**" Dr. Saba Inamdar has kindly consented to deliver a lecture on this subject.

The programme is organized by Women Cell, ANWARUL ULOOM COLLEGE OF BUSINESS MANAGEMENT. All are requested to participate in the programme and avail of its benefits and make it a grand success.

The students shall register their names in the college office latest by 25/10/2022

Programme Details:

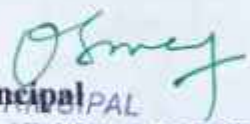
Date: 27/10/22

Timings: 10- 11.30

Speaker: Dr. Saba Inamdar

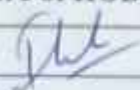
Venue: College Smart Classroom


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#11-3-918, New Malleshpally, Hyderabad - 500001, T.S., India.

LIST OF PARTICIPANTS

Name of the Programme: *Importance of Self-Esteem among Women.*

Date: *27/10/2022.*

S.NO	ROLL NO.	NAME OF THE CANDIDATE	SIGNATURE
1	140322672001	ZAHRAH MUKARRAM	<i>Zahra</i>
2	140322672011	SADIYA BEGUM	<i>Sange</i>
3	140322672020	TABASSUM SULTANA	<i>Tabassum</i>
4	140322672032	NAMEERA DAULATH	<i>Nameera</i>
5	140322672043	ANAM BEGUM	<i>Anam</i>
6	140322672044	SAMEEN SULTANA	<i>Shaik</i>
7	140322672047	AYESHA SULTANA	<i>Shaik</i>
8	140322672053	RAFATH UNNISA BEGUM	<i>Rafath</i>
9	140322672056	SHAHEEN	<i>Shaheen</i>
10	140322672057	NAJMUS SAQIB ALIYA	<i>Najmus</i>
11	140322672081	RASHA ANAM	<i>Rasha</i>
12	140322672082	MOHD SHABAZ UDDIN	<i>Shabaz</i>
13	140322672083	SHAIK SAJID	<i>Shaik</i>
14	140322672084	RUKHSAR	<i>Rukhsar</i>
15	140322672088	SAMIHA AHMED	<i>Samiha</i>
16	140322672090	SIMRAN FATIMA	<i>Simran</i>
17	140322672096	SAFIA SULTANA	<i>Safia</i>
18	140322672098	ASRANOR BEGUM	<i>Asranor</i>
19	140322672102	NASEEM E REHMATH	<i>Naseem</i>
20	140322672118	ZEHRA BEGUM	<i>Zehra</i>
21	140322672120	AYESHA KHATOON	<i>Ayesha</i>
22	140322672128	FAREEDA BEGUM	<i>Fareeda</i>
23	140322672130	ISHRATH JAHAN AKHTRI	<i>Ishrath</i>
24	140322672152	SUMAIYA SULTANA	<i>Sumaiya</i>
25	140322672158	ZINAT PARWEEN	<i>Zinat</i>
26	140322672163	MADIHA KAUkab	<i>Madiha</i>
27	140322672169	ZOYA AMREEN	<i>Zoya</i>
28	140322672172	SARA BEGUM	<i>Sara</i>
29	140322672178	AAKEFA TARANNUM	<i>Aakefa</i>
30	140322672182	ASFIYA FATHIMA	<i>Asfiya</i>

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31	140322672185	SHELA AFROZ MUSKAN	Shela
32	140322672192	SAMEERA TAHSEEN	Sameera
33	140322672196	NOUSHEEN FATIMA	Nousheen
34	140322672208	RUHEENA KHAN	Ruheena
35	140322672209	MARIA TABASSUM	Maria
36	140322672210	AYESHA SIDDIQUA	Ayesha
37	140322672211	SYEDA ATIFA NOORIAN	Syeda
38	140322672212	AFSHANUNNISA	Afsana
39	140322672213	SAMRAIN FATIMA	Samra
40	140322672214	KHALIDA RUHEEN	Khalida
41	140322672217	SUMAIYYA AHMED	Sumaiyya
42	140322672219	FAROZAN NOOREEN	Farozan
43	140322672220	FARHEEN BIYABANI	Farheen
44	140322672223	ARSHIYA FATIMA	Arshiya
45	140322672224	HAJERA FATIMA	Hajera
46	140322672228	ASNA FATHIMA	Asna
47	140322672229	SAMA KAUNAIN	Sama
48	140322672231	ASFAN AZEEZ	Afsaan
49	140322672232	SHABZEEN NOOR	Shabzeen
50	140322672233	NEHA NOUSHEEN	Neha
51	140322672236	SYEDA AMEENA AMREEN	Syeda
52	140322672238	MARIYA MOIN	Mariya
53	140322672241	SANA	Sana
54	140322672242	HABEEBA ANJUM	Habeeba
55	140322672245	SHAISTA SHAIK	Shaista
56	140322672246	NASEHA JAHAN	Naseha
57	140322672247	ASRA NAZNEEN	Asra
58	140322672249	MUSKAN BEGUM	Muskan
59	140322672260	SAREEN NEHAL	Sareen
60	140322672262	FAZEELA NOORAIN	Fazeela
61	140322672266	SYEDA RAHMATHUNNISA SIDDIQUI	Syeda
62	140322672268	SYEDA HABEEBA AZAM	Habeeba
63	140322672273	SAMIYA MAQBOOL SIDDIQUI	Samia
64	140322672274	FARHA BEGUM	Farha
65	140322672276	MIRZA MOHSIN BAIG	Mirza
66	140322672277	SANOBAR NAAZ	Sanobar
67	140322672278	SYEDA ZEHRA FATIMA	Syeda
68	140322672295	RUKHSAAR NAUSHEEN	Rukhsaar



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69	140322672299	ARCHANA B	<i>Ar</i>
70	140322672300	RAHEELA HABEEB	<i>Raher</i>
71	140321672005	SYEDA NAZNEEN FATIMA	<i>Sayfa</i>
72	140321672024	SYEDA KHATIJ KUBRA	<i>Dyeshid</i>
73	140321672030	AYESHA FATIMA	<i>Aysha</i>
74	140321672049	SALMAN ALI KHAN	<i>Ali</i>
75	140321672051	AFRAH ARIF	<i>Afrah</i>
76	140321672053	MEHRAJ UNNISA BEGUM	<i>Mehraj</i>
77	140321672056	SARA FATIMA	<i>Sara</i>
78	140321672057	NIKHATH BEGUM	<i>Nikki</i>
79	140321672060	AFRA BEGUM	<i>Afrah</i>
80	140321672062	SHAHEDA BEGUM	<i>Shahida</i>
81	140321672067	SANIYA MUSKAAN	<i>Saniya</i>
82	140321672070	GULAM IBRAHIM RABBANI	<i>Gulam</i>
83	140321672071	SAHER UNNISA	<i>Saher</i>
84	140321672072	HUSSAINA	<i>Hussaina</i>
85	140321672073	SHAIK AFREEN BEGUM	<i>Afreen</i>
86	140321672074	SAMREEN BEGUM	<i>Samreen</i>
87	140321672078	ZARA JABEEN	<i>Zara</i>
88	140321672079	TAIBA	<i>Taiba</i>
89	140321672084	ARSHIYA FATIMA	<i>Arshiya</i>
90	140321672086	SYEDA SANIA JABEEN	<i>Sania</i>
91	140321672087	SYEDA ZEB A	<i>Zeba</i>
92	140321672088	SYEDA SAFOORA FATIMA	<i>Safoora</i>
93	140321672089	RESHMA	<i>Reshma</i>
94	140321672092	FARISA BEGUM	<i>Farisa</i>
95	140321672094	SANIYA FATIMA	<i>Saniya</i>
96	140321672095	AZWA KULSUM	<i>Azwa</i>
97	140321672096	SHAZIA IMROZ	<i>Shazia</i>
98	140321672101	MEHJABEEN FATIMA	<i>Mehjabeen</i>
99	140321672103	NEHA	<i>Neha</i>
100	140321672105	SYEDA BUSHRA ALI	<i>Bushra</i>



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18/9/23.



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Programme Report

Name of the Programme: Importance of Self-Esteem among Women

Date: 27/10/22

Timing: from 10 a.m to 11.30 a.m

Venue: College Smart Classroom, ANWARUL ULOOM COLLEGE OF BUSINESS MANAGEMENT

No of Participants: 100

A special talk on the "Importance of Self-Esteem among Women," was delivered by Dr. Saba Inamdar on 27 Oct.2022. She mentioned the need and importance of identity and self-respect among women. She enlightened the audience that our true abundance is not based on our net worth, but based on our self-worth. She put across the point that does not let someone get comfortable by disrespecting you. She explained the following key points to improve our self-esteem:

1. Do not compare yourself with others. Each person is bestowed with unique qualities and all together makes up the world worth living.
2. Ensure that others' misconceived opinions about you should not be a cause of worry.
3. You are the best decision maker so, trust yourself.
4. Learn from your mistakes.
5. Carefully plan, so that we do not repeat such mistakes.



Dr. Saba Inamdar addressing the students

The programme was followed by felicitation to Dr. Saba Inamdar. Dr. Atiya Mahboob proposed the vote of thanks.


IQACC Coordinator




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#11-3-918, New Malleshpally, Hyderabad-500001, T.S., India.

Date: 24/08/2022

Circular

All Heads of Departments, Women Staff and Girl Students are hereby informed that a programme will be conducted on the subject **"Health Talk- With special focus on Mental Health of Women."** Dr. Zainab MBBS, MD, has kindly consented to deliver a lecture on this subject. The programme is organized by Women Cell, ANWARUL ULOOM COLLEGE OF BUSINESS MANAGEMENT all are requested to participate in the programme and avail of its benefits and make it a grand success.

The students shall register their names in the college office latest by 27/08/2022

Programme Details:

Date: 29/08/2022

Timings: 10- 11.30

Speaker: Dr. Zainab, MBBS, MD

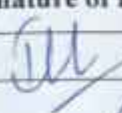
Venue: College Smart Classroom


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#11-3-918, New Malleshpally, Hyderabad - 500001, T.S., India.

LIST OF PARTICIPANTS

Name of the Programme: Health Talk - with Special focus on Mental Health of Women.

Date: 29/08/2022

S.NO	ROLL NO.	NAME OF THE CANDIDATE	SIGNATURE
1	140322672001	ZAHRAH MUKARRAM	Zahrah
2	140322672006	SHAZIA BEGUM	Shazia
3	140322672007	SHAZMEEN BEGUM	Shazmeen
4	140322672009	SUMAIAYA NAAZ	Naz
5	140322672010	NIDA SHIREEN	Nida
6	140322672011	SADIYA BEGUM	Sadiya
7	140322672014	ZEBAN ANJUM	Zeba
8	140322672016	SYEDA ARIFA FATIMA	Arifa
9	140322672017	SYED SAMEER HASHMI	Sameer
10	140322672032	NAMEERA DAULATH	Nameera
11	140322672095	BILQUIS UNNISA	Bilquis
12	140322672096	SAFIA SULTANA	Safia
13	140322672097	MOHD ASLAM	Aslam
14	140322672098	ASRANOR BEGUM	Asranor
15	140322672099	SANOBAR BEGUM	Sanobar
16	140322672101	SYED AIJAZ	Aijaz
17	140322672102	NASEEM E REHMATH	Naseem
18	140322672103	AFSHAN JABEEN	Afshan
19	140322672105	BUSHRA MAHEK	Bushra
20	140322672106	SANA SAMREEN	Sana
21	140322672107	SHEEZA AMREEN	Sheeza
22	140322672116	SARA BEGUM	Sara
23	140322672117	SABA PARVEEN	Saba
24	140322672118	ZEHRA BEGUM	Zehra
25	140322672120	AYESHA KHATOON	Ayesha
26	140322672128	FAREEDA BEGUM	Fareeda
27	140322672130	ISHRATH JAHAN AKHTRI	Ishrath
28	140322672172	SARA BEGUM	Sara
29	140322672177	SABA NAZNEEN	Saba
30	140322672178	AAKEFA TARANNUM	Tarannum
31	140322672182	ASFIYA FATHIMA	Asfiya
32	140322672183	SHIREEN SULTANA	Shireen

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33	140322672184	SANASHIREEN	Sana
34	140322672219	FAROZAN NOOREEN	Farzahan
35	140322672220	FARHEEN BIYABANI	Farheen
36	140322672223	ARSHIYA FATIMA	Arshya
37	140322672224	HAJERA FATIMA	Hajera
38	140322672228	ASNA FATHIMA	Asna
39	140322672229	SAMA KAUNAIN	Sama
40	140322672230	MOHAMMAD YAHIYA	Yahiya
41	140322672231	ASFAN AZEEZ	Asfan
42	140322672232	SHABZEEN NOOR	Shabzeen
43	140322672249	MUSKAN BEGUM	Muskan
44	140322672260	SAREEN NEHAL	Sareen
45	140322672262	FAZEELA NOORAIN	Fazeela
46	140322672266	SYEDA RAHMATHUNNISA SIDDIQUI	Siddiqui
47	140322672267	YASEEN SABA	Yaseen
48	140322672268	SYEDA HABEEBA AZAM	Habeeba
49	140322672273	SAMIYA MAQBOOL SIDDIQUI	Samiya
50	140322672274	FARHA BEGUM	Farha
51	140322672276	MIRZA MOHSIN BAIG	Mirza
52	140322672277	SANOBAR NAAZ	Sanobar
53	140322672278	SYEDA ZEHRA FATIMA	Syeda
54	140322672295	RUKHSAR NAUSHEEN	Rukhsar
55	140322672299	ARCHANA B	Archana
56	140322672300	RAHEELA HABEEB	Raheel
57	140321672005	SYEDA NAZNEEN FATIMA	Nazneen
58	140321672049	SALMAN ALI KHAN	Salman
59	140321672051	AFRAH ARIF	Afra
60	140321672053	MEHRAJ UNNISA BEGUM	Mehraj
61	140321672056	SARA FATIMA	Sara
62	140321672057	NIKHATH BEGUM	Nikhath
63	140321672060	AFRA BEGUM	Afra
64	140321672062	SHAHEDA BEGUM	Shaheda
65	140321672088	SYEDA SAFOORA FATIMA	Syeda
66	140321672089	RESHMA	Reshma
67	140321672092	FARISA BEGUM	Farisa
68	140321672094	SANIYA FATIMA	Saniya
69	140321672095	AZWA KULSUM	Kulsum
70	140321672096	SHAZIA IMROZ	Shazia



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71	140321672101	MEHJABEEN FATIMA	Mehjabeen
72	140321672103	NEHA	Neha
73	140321672105	SYEDA BUSHRA ALI	Syeda
74	140321672106	FAIZAAN SALAHUDDIN	Faizaan
75	140321672128	KULSUM UNNISA BEGUM	Kulsum
76	140321672136	FARHEEN BEGUM	Farheen
77	140321672137	SAMEERA SULTANA	Sameera
78	140321672141	SALMA	Salma
79	140321672142	NAZMEEN BANU	Nazmeen
80	140321672143	AMINA AFROZ	Amina
81	140321672144	SAKINA FATIMA	Sakina
82	140321672231	SUMAIYA FATIMA	Sumaiya
83	140321672235	SABA UNISSA	Saba
84	140321672236	NADA ISHAQ	Nada
85	140321672241	MADIHA KHANAM	Madiha
86	140321672242	SONA SANJAY KUMAR	Sona
87	140321672248	SADAF KHATOON	Sadaf
88	140321672252	MARIA ZIA UL QAMAR	Maria
89	150121672002	AFSHIYA JABEEN	Afsheer
90	150121672003	SYEDA SARA FATIMA NAQVI	Sara
91	150121672004	NAFEES NISA	Nafes
92	150121672005	J MADHAVI	J Madhavi
93	150121672011	SHAHBAZ KHAN	Shahbaz
94	150121672018	KOUSER BEGUM	Kouser
95	150121672023	BUSHRA SADIYA	Bushra
96	150121672027	NEHA FATIMA	Neha
97	150121672045	JUVERIA RAHMAN	Juveria
98	150121672050	FAREEHA HUSSAIN	Farah
99	150121672054	LABEEQ UNNISA	Labeeq
100	150121672055	MEENAKSHI PATIL	Meenal
101	150121672057	SYEDA MALIHA SABERI	Maliha



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ANWARUL ULOOM COLLEGE OF BUSINESS MANAGEMENT (AMUSLIM MINORITY INSTITUTION)

[Affiliated to Osmania University, Approved by AICTE, Permitted by Govt. of Telangana]

#11-3-918, New Malleshpally, Hyderabad-500001, T.S., India.

Programme Report

Name of the Programme: Health Talk- With special focus on Mental Health of Women

Date: 29/08/2022

Time: 10 a.m. to 11.30 a.m

Venue: College Smart Classroom, ANWARUL ULOOM COLLEGE OF BUSINESS MANAGEMENT

No of Participants: 101

Dr. Zainab MBBS, MD has consented to present a special address on "Health Talk- With Special Focus on Mental Health of Women" at the College Seminar Hall, ANWARUL ULOOM COLLEGE OF BUSINESS MANAGEMENT on 29 Aug. 2022. She emphasized that mental health is as important as the physical health. She reiterated the fact that women are worthy of happiness and peace of mind. She explained that no matter what the situation is and how the circumstances remain there is always help available and a gleaming hope to come out of them. She stressed the fact that a positive bent of mind can help ease out tough times.

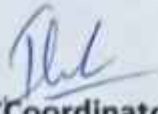


Dr. Zainab addressing the students

She said that let's firmly believe that tough times do not last long, but tough people do. She said we can train our minds to ignore negativity and reinforce positivity. She advised the women to eat right and think right. Her lecture received wide acceptance from the audiences. She mentioned that staying positive and being in the company of good people are key to a stronger and healthier mind.

The students were eager to ask questions and Dr. Zainab very patiently answered all the queries to the utmost satisfaction of the students.

The session has brought lot of solace to the students and women faculty who had some impending questions that were remained unanswered for a long time. The programme concluded with felicitation to Dr. Zainab. Ms. Sherin Banu proposed the vote of thanks.


IQAC Coordinator




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ANWARUL ULOOM COLLEGE OF BUSINESS MANAGEMENT

(AMUSLIMMINORITYINSTITUTION)

[Affiliated to Osmania University/Approved by AICTE/Permitted by Govt. of Telangana]

#11-3-918, New Malleshpally, Hyderabad-500001, T.S., India.

Date: 6/6/2022

Circular

All Heads of Departments, Women Staff and Girl Students are hereby informed that a programme will be conducted on the subject "Awareness on Health and Nutrition of Women." Mrs. Ishrath Begum has kindly consented to deliver a lecture on this subject.

The programme is organized by Women Cell, ANWARUL ULOOM COLLEGE OF BUSINESS MANAGEMENT all are requested to participate in the programme and make it a grand success.

The students shall register their names in the college office latest by 10/6/2022

Programme Details:

Date: 13/06/2022

Timings: 10- 11.30

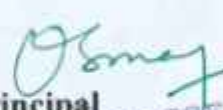
Speaker: Mrs. Ishrath Begum

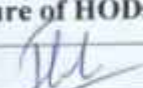
Venue: College Smart Classroom


IQAC Coordinator

Copy to:

1. All Heads of Departments/Women Staff
2. Girl Students


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ANWARUL ULOOM COLLEGE OF BUSINESS MANAGEMENT

(A MUSLIM MINORITY INSTITUTION)

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Name of the Programme: BA in Health and Nutrition of Women

Date: 13/06/2022

Awarards on Health and Nutrition of Women

S.NO	ROLL NO.	NAME OF THE CANDIDATE	SIGNATURE
1	140322672007	SHAZMEEN BEGUM	Shazmeen
2	140322672009	SUMAIYA NAAZ	Sumaiya
3	140322672010	NIDA SHIREEN	Nida
4	140322672011	SADIYA BEGUM	Sadiya
5	140322672014	ZEBAN ANJUM	Zeban
6	140322672016	SYEDA ARIFA FATIMA	Arifa
7	140322672017	SYED SAMEER HASHMI	Sameer
8	140322672019	ZEBAN SIRAJ	Zeban
9	140322672020	TABASSUM SULTANA	Tabassum
10	140322672035	SANIA FATIMA	Sania
11	140322672037	RUQSAR BEGUM	Ruqsar
12	140322672042	UMAMA BINTA OSMAN	Umama
13	140322672043	ANAM BEGUM	Anam
14	140322672044	SAMEEN SULTANA	Sameen
15	140322672045	MD SAYEEDUDDIN	Sayeduddin
16	140322672046	ZAINAB FATIMA	Zainab
17	140322672047	AYESHA SULTANA	Ayesha
18	140322672050	NARGIS KHATOON	Nargis
19	140322672052	AMENA SIDRA	Amena
20	140322672053	RAFATH UNNISA BEGUM	Rafath
21	140322672054	ALFIYA SULTANA	Alfiya
22	140322672089	MOHAMMED ADEEDUDDIN AHMED	Adeeduddin
23	140322672090	SIMRAN FATIMA	Simran
24	140322672091	NAUSHEEN FATIMA	Nausheen
25	140322672095	BILQUIS UNNISA	Bilquis
26	140322672096	SAFIA SULTANA	Safia
27	140322672097	MOHD ASLAM	Aslam
28	140322672098	ASRANOR BEGUM	Asranor
29	140322672099	SANOBAR BEGUM	Sanobar
30	140322672101	SYED AIJAZ	Aijaz
31	140322672102	NASEEM E REHMATH	Naseem
32	140322672103	AFSHAN JABEEN	Afshan
33	140322672105	BUSHRA MAHEK	Bushra
34	140322672106	SANA SAMREEN	Sana

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35	140322672107	SHEEZA AMREEN	Amreen
36	140322672116	SARA BEGUM	
37	140322672117	SABA PARVEEN	Saba
38	140322672118	ZEHRA BEGUM	Zehra
39	140322672120	AYESHA KHATOON	Ayesha
40	140322672155	THASEEN BANO	Thaseen
41	140322672156	BUSHRA FATIMA	Bushra
42	140322672158	ZINAT PARWEEN	Zinat
43	140322672163	MADIHA KAUKAB	Madiha
44	140322672164	SANIYA BEGUM	Saniya
45	140322672165	MAYERA FATHIMA	Mayara
46	140322672167	AYESHA QADEER	Ayesha
47	140322672169	ZOYA AMREEN	Zoya
48	140322672170	AZRA FATIMA	Azra
49	140322672171	SABA FARHEEN	Saba
50	140322672172	SARA BEGUM	Sara
51	140322672177	SABA NAZNEEN	Saba
52	140322672178	AAKEFA TARANNUM	Aakefa
53	140322672182	ASFIYA FATHIMA	Asfiya
54	140322672183	SHIREEN SULTANA	Shireen
55	140322672209	MARIA TABASSUM	Maria
56	140322672228	ASNA FATHIMA	Asna
57	140322672229	SAMA KAUNAIN	Sama
58	140322672230	MOHAMMAD YAHYA	Mohammad
59	140322672231	ASFAN AZEEZ	Asfan
60	140322672232	SHABZEEN NOOR	Shabzeen
61	140322672233	NEHA NOUSHEEN	Neha
62	140322672236	SYEDA AMEENA AMREEN	Syeda
63	140322672238	MARIYA MOIN	Mariya
64	140322672300	RAHEELA HABEEB	Raheela
65	140321672005	SYEDA NAZNEEN FATIMA	Syeda
66	140321672015	RAAFIA FARAAZ	Rafia
67	140321672016	SYEDA SAFOORA	Syeda
68	140321672017	FIRDOUS MAZHER	Firdous
69	140321672022	SHAMSHAD BEGUM	Shamshad
70	140321672024	SYEDA KHATUJA KUBRA	Syeda
71	140321672026	AVULA MOUNIKA	Avula
72	140321672030	AYESHA FATIMA	Ayesha
73	140321672031	AYESHA FATIMA	Ayesha

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74	140321672057	NIKHATH BEGUM	Nika Begum
75	140321672060	AFRA BEGUM	Farah Begum
76	140321672062	SHAHEDA BEGUM	Shahida Begum
77	140321672067	SANIYA MUSKAAN	Saniya Muskaan
78	140321672070	GULAM IBRAHIM RABBANI	Gulam Ibrahim Rabbani
79	140321672071	SAHER UNNISA	Saher Unnisa
80	140321672072	HUSSAINA	Hussaina
81	140321672073	SHAIK AFREEN BEGUM	Shaik Afreen Begum
82	140321672074	SAMREEN BEGUM	Samreen Begum
83	140321672078	ZARA JABEEN	Zara Jabeen
84	140321672079	TAIBA	Taiba
85	140321672084	ARSHIYA FATIMA	Arshiya Fatima
86	140321672086	SYEDA SANIA JABEEN	Syeda Sania Jabeen
87	140321672087	SYEDA ZEBA	Syeda Zeba
88	140321672088	SYEDA SAFOORA FATIMA	Syeda Safoora Fatima
89	140321672089	RESHMA	Reshma
90	140321672117	NISA MAHVEEN.	Nisa Mahveen
91	140321672120	SADIA TAMREEN	Sadia Tamreen
92	140321672121	ASRA HASSAN	Asra Hassan
93	140321672124	SHAILA MAHWISH	Shaila Mahwish
94	140321672125	UZMA BEGUM	Uzma Begum
95	140321672128	KULSUM UNNISA BEGUM	Kulsum Unnisa Begum
96	140321672136	FARHEEN BEGUM	Farheen Begum
97	140321672137	SAMEERA SULTANA	Sameera Sultana
98	140321672197	RUQUAIYYA ABDULLAH	Ruquaiyya Abdullah
99	140321672199	SYEDA ARSHIYA HEENA	Syeda Arshiya Heena
100	140321672213	MONEZA JABEEN	Moneza Jabeen
101	140321672215	SANIYA SULTHANA	Saniya Sulthana
102	140321672218	UZMA BEGUM	Uzma Begum
103	140321672219	NUZHAT IKHTIYAR KHAN	Nuzhat Ikhtiyar Khan
104	140321672228	NEHA KHAN	Neha Khan
105	140321672231	SUMAIYA FATIMA	Sumaiya Fatima
106	140321672253	TANVEER UNNISA	Tanveer Unnisa
107	140321672255	HASEENA BEGUM	Haseena Begum
108	140321672256	ERAM AZIZ QURESHI	Eram Aziz Qureshi
109	150121672011	SHAHBAZ KHAN	Shahbaz Khan
110	150121672018	KOUSER BEGUM	Kouser Begum
111	150121672023	BUSHRA SADIYA	Bushra Sadiya
112	150121672027	NEHA FATIMA	Neha Fatima

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113	150121672028	HUMERA HAMED SANA	Sana
114	150121672032	SHAHANA SIRAJ	
115	150121672050	FAREEHA HUSSAIN	fareeha
116	150121672054	LABEEQ UNNISA	labeeq
117	150121672055	MEENAKSHI PATIL	meenakshi
118	150121672057	SYEDA MALIHA SABERI	malika



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#11-3-918, New Malleshpally, Hyderabad-500001, T.S., India.

Programme Report

Name of the Programme: Awareness on Health and Nutrition of Women

Date: 13/06/2022

Time: 10 a.m. to 11.30a.m

Venue: College Smart Classroom, ANWARUL ULOOM COLLEGE OF BUSINESS MANAGEMENT

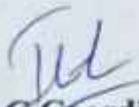
No of Participants: 118

A lecture was delivered on "Health and Nutrition of Women," on 13 June 2022 at the College Seminar Hall, ANWARUL ULOOM COLLEGE OF BUSINESS MANAGEMENT by Mrs. Ishrath Begum. She stressed upon the importance of balanced nutrition and a healthy diet that can support our system in many ways. Whether you are looking to improve your energy, enhance your mood or combat stress, it is essential that we provide our body with good nutrition. A quick snapshot was provided to the audience about what they can eat during the day that keeps them fit and fine throughout.



Mrs. Ishrath Begum delivering the lecture to the gathering

She explained the harm that can be caused by junk food as it is a store-house for many diseases and heart related problems. This type of food contains low nutrition content. She encouraged women to shift to home – cooked food despite their busy schedules. She shared quite a few recipes that may take just a few minutes for busy mornings or tired evenings. She focused on avoiding sodium laden; strictly not so healthy food that can lead to blood pressure and in the long run can affect our organs. Students have taken valuable insights from the discussion and clarified their doubts regarding their food habits.


IQAC Coordinator


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